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*"Educating one workplace at a time."*



# Health & Wellness Fairs Fall 2016 Expo

Meet your local health & wellness providers to learn a variety of ways to be a healthier & happier you! FREE seminars, demos, Tai Chi & Zumba® Enjoy FREE coffee, tea & samples. Lots of prizes to be won every hour!

Admission is FREE with any donation to HKARH at the door

Taxation Charity Registration # 13451 7820 RR0001

Sunday, November 27, 2016  
9:30am to 3:30pm  
Aurora Community Centre  
(Yonge & Aurora Heights Dr.)